



Parish of the Holy Trinity, East Ham

St Mary Magdalene

St Bartholomew

St Edmund

Sunday 9 March

Year C

First Sunday of Lent

IN OUR PRAYERS

In our Deanery: The work of Faith in Schools

In the Diocese: Goodmayes (All Saints): Christiana Asinugo (V)

Goodmayes (St Paul): Janet Buchan (V)

In the Anglican Communion: The Diocese of Malakal – Province of the Episcopal Church of South Sudan

In the world: For peace and human rights in the Democratic Republic of the Congo

With Christian Aid: that governments would enact debt justice laws to restore vital funds to countries impacted by unfair lending

With USPG: for all believers in our community – may our core beliefs unify us so that we can live in peace

In the Parish: Wolsey Avenue, Woodstock Road, Wortley Road

Those who have asked our prayers:

Particular need: Pope Francis, Adiba Haque, Paul Gillard, Laurine & Ancil Griffith, Caroline Grisely, Teresa Rozbicka, Eutal Spence

Continuing need: Zareen Choudary, Cassandra Gosai, Terry & Prim Hooker, Ethel King, Dennis Pridmore, Mary Skerritt, Vineta Thomas

Those who have died: Tuppy Owens

In the Year's Mind: Nimshi Neal, Edward Page, William Short, Elsie Gibson

May they rest in peace and rise in glory



Hymns at St Mary's: 190, 343, 252

Response to the Psalm:



Keep me as the apple of your eye.

Silent Prayer and Morning Prayer this week. Tuesday at St Mary's: 8.40am-9am Silent Prayer; 9am Morning Prayer. Wednesday at St Bart's: 8.30am-8.50am Silent Prayer; 8.50am Morning Prayer. Thursday at St Ed's: 8.30am-8.50am Silent Prayer; 8.50am Morning Prayer.

Eucharist this week: Tuesday 12.15pm at St Edmund's; Wednesday 6.30pm at St Mary's; Thursday 12.15pm at St Bart's.

Eucharist next Sunday, Second Sunday of Lent: 8am & 10am St Mary's; 10am St Bart's (followed by DCC); 10am St Ed's.

Needs and opportunities for ministry at St Bart's The St Bart's congregation are invited to stay for the first part of next Sunday's District Church Committee (DCC) meeting at which we will reflect together on the next stage for the church's mission and ministry.

Lent discipleship course: Heart for Mission Together we take a fresh look at mission in a five part course from our global mission agency USPG. Each session will focus on one of the 'Five Marks of Mission', with bible study, space to reflect on mission in our own context and develop fresh perspectives in looking at how the Church of the Province of Myanmar understands and lives out mission. *In person: Thursday 6, 13, 20, 27 March & 3 April, 11am-12 noon at St Bartholomew's Church. Online: Tuesday 11, 18, 25 March, 1 & 8 April 7pm-8pm (link open from 6.45pm): register at info@easthamparish.org.uk; request your free course booklet now (info@easthamparish.org.uk).*

Confirmation and Baptism preparation for Adults Starting in Lent we will be reading *Being Christian* by Rowan Williams. There will be a Tuesday afternoon slot (starting 11 March 3.30pm at St Bart's) and an evening slot (starting 13 March 7pm at St Mary's Vicarage): choose whichever is most convenient for you. Baptism/confirmation will take place on Sunday 4 May at St Mary's Joint Parish Eucharist at 10am. If you have not already signed up, please email Fr Paul at paul.gurnham@easthamparish.org.uk or contact the parish office.

Easter Experience at St Mary's on 17 March (organized by Faith in Schools). We are hosting children from our local primary schools again this year as they learn about Easter. Groups of children undertake various activities at St Mary's and in St Mary's Hall and we are recruiting volunteers again to make this happen. If you are interested, please contact rachel@faithinschools.co.uk or 07414241948

Youth get-together Monday 24 March 4.30pm in St Mary's Hall. This is an opportunity for young people of secondary school age to get-together over some pizza. We are joined by youth worker Jill Duncan who will be working with us as we build a youth group in the parish.

Company of Servers If you are a server in any of our churches do consider attending the next gathering of the Chelmsford Diocese Chapter of the Company of Servers, whether or not you are a member. *Saturday 22 March 11am-3pm at All Saints (The Old Church), Chingford, 185 Old Church Road, London E4 8BU; 11am Welcome and refreshments, 12noon Angelus and Eucharist, 1pm Lunch followed by a Lenten talk from Fr Rodney Matthews. Please reply to ruth@parishoflittlileilford.org if you plan to come stating any dietary needs.*

Climate crisis in troubled times: a day of reflection on finding hope 10am-3pm April 5th at St Gabriel's Church, Aldersbrook, E12 5HH
We live in a troubled world, facing an ever deepening climate crisis. It is easy to lose hope or wonder what Christian hope means in these times. This day of reflection will cover how we feel about the climate crisis, different ideas about hope, what brings us hope, and how we can bring hope to others. The Diocesan Environmental Officer, Rev. Sandra Eldridge will lead us in considering what has been said about hope, in Scripture and elsewhere. The day will also include time for individual reflection and for group discussion.
Everyone is welcome. There is no preparatory work and no cost. Please bring a packed lunch. Tea, coffee etc. and biscuits will be provided.

Organising for Growth: Fr Paul and Ana Ferreira are organising meet-ups with members of the St Mary's congregation as we build relationships and explore our various motivations and gifts as we seek to grow in number, depth and impact.

Scrabble group meets on a Friday at Bart's from around 12pm until we get fed up! All abilities welcome, including those with L plates!!

A message from St Mary's Eco-Church group: what have you given up for Lent? Have you taken on a new challenge? Giving up chocolate is an obvious one, how about trying something different? Try a plant-based recipe or diet, once a week. 'Meat Free Monday' is a campaign that has grown in recent years, and their website explains why it's important, and offers recipes. Find out why it's good for you, and good for the planet, go to meatfreemondays.com.

St Bart's Intercessory Prayer will follow the service on 30 March

Meetings:

St Ed's DCC TODAY at 11:15

St Bart's DCC 16 March at 11.15am

PCC 18 March at St Ed's at 7pm

Deanery Synod 26 March at St Martin's Plaistow

MMP 31 March at St Martin's, Plaistow at 7pm

Standing Committee 30 April at 3pm at St Bart's

St Mary's DCC 7 May at 7.15pm in Parish Room



**Acting Team Rector/
Team Vicar:
Associate Clergy:**

**Honorary Associate
Clergy:**

CONTACTS:

Parish of the Holy Trinity, East Ham

The Parish Office, St Bartholomew's Church and Centre
292b Barking Road, E6 3BA. Telephone: 020 8470 0011

email: info@easthamparish.org.uk

website: www.easthamparish.org.uk

Registered Charity No: 1127847

Revd. Paul Gurnham

Email: paul.gurnham@easthamparish.org.uk

Rt Revd. Saulo Barros

Revd. John King

Revd. Katherine Ward

Revd. Canon Ann Easter

Revd. Sandra Eldridge

Parish Afternoon Tea Party

at St Mary Magdalene

to celebrate

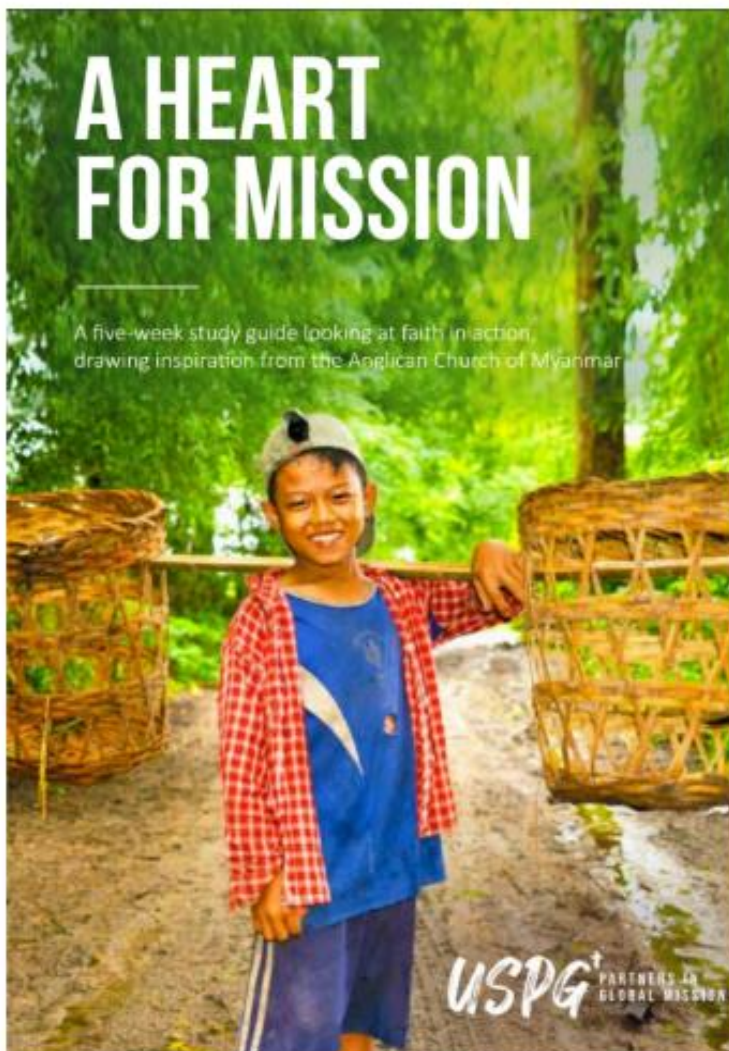
June's 90th Birthday!

Saturday 29th March

1 - 4pm

in the Church Hall, Norman Road, E6 6HN

All are welcome - tickets available from Chrissie, Penny or Linda in the Parish Office



**A Lent Discipleship
Course with East
Ham Ministry &
Mission Partnership**

Thursdays *in person*
11am-12 noon

6, 13, 20, 27 March;
3 April

*St Bartholomew's
Church*
292b Barking Road
London E6 3BA

- or -

Tuesdays *online*
7pm-8pm

link open from 6.45pm
11, 18, 25 March;
1 & 8 April

Please email
info@easthamparish.org.uk
to register

*Please request your
free course booklet
now (email St Bart's
Parish Office as above
or tel. 020 8470 0011)*

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