



Parish of the Holy Trinity, East Ham

St Mary Magdalene St Bartholomew St Edmund

15 February

Year A

Sunday next before Lent

THIS SUNDAY IN CHURCH

A warm welcome to church! Why not stay for refreshments after the service?

The words of the service (The Eucharist) are printed in the booklets.

Hymns at St Bart's 572, 590, 506, 29. Hymns at St Mary's 105, 12, 67, 580

Psalm at St Mary's, verses sung by choir; response sung by all:



The flowers in St Mary's this week are in memory of Pat Davis.

FROM THE TEAM RECTOR

No sooner have we packed away the crib scenes, Lent is fast upon us. This Wednesday is **Ash Wednesday** (18th February). All are encouraged to begin Lent together at one of our special Eucharists at which ash is blessed and used to mark each of us with the cross. The ash is a sign of sorrow for sin, a reminder that our mortal lives are short and precious, but also that we have eternal life with God through the cross of Jesus.

The Eucharist with imposition of ashes is celebrated *this Wednesday at St Bart's at 12.15pm, St Edmund's at 12.15pm; and at St Mary Magdalene at 6.30pm (sung, with hymns).*

If you are looking for something spiritually nourishing throughout Lent, but not taking up lots of extra time, why not try **Praying with the Psalms: 3-Minute Devotions for Lent and Holy Week 2026**? Please pick up a copy from church. Donations to cover the cost of these is most welcome.

Another opportunity to go deeper this Lent there is our group **Bible Study** on the First Letter of Paul to the Corinthians, starting this Thursday (*St Bart's, in the Lady Chapel 11am-12noon*). In our first session we will concentrate on Chapter 1, and the idea of being called. In subsequent sessions we will work through the letter encountering such themes as divisions in the church, morality, conscience, worship, love, and - just in time for Easter: the Resurrection!

Lastly, please say a prayer for good weather and all the children and families attending our Eco Church **Family Nature Club** tomorrow!

SERVICE TIMES THIS WEEK

Morning Prayer: Wednesday 8.50am at St Bart's; Thursday 8.50am at St Edmund's.

Midweek Eucharist:

Tuesday 12.15pm at St Edmund's

ASH WEDNESDAY 12.15pm at St Bart's; 12.15pm at St Edmund's; 6.30pm at St Mary's

Thursday 12.15pm at St Bart's (with *Bible Study* beforehand 11am-12noon)

Eucharist next Sunday (22nd February) First Sunday of Lent 8am & 10am at St Mary's; 10am at St Bart's; 10am at St Edmund's

IN OUR PRAYERS

In our Deanery: Forest Gate Emmanuel: Ajennie Subaran

In the Diocese: Pray for: Little Ilford (St Barnabas) Clergy: Vacancy

In the Anglican Communion: The Diocese of Tennessee – The Episcopal Church



In the world: that children with incurable diseases and their families receive necessary medical care, support, and hope

With USPG: for protection of the Amazon, its rivers, forests, and the communities who call it home

In the Parish: New Square, Nile Road, Noel Road

Those who have asked our prayers:

Particular need: Ethel King, Laurine & Ancil Griffith, Andrew West

Continuing need: Lorraine Ashton, Zareen Choudary, Graham Davis, Cassandra Gosai, Caroline Grisely, Emily Jones, Paul Gillard, Maggie Holder, Terry Hooker, Cassie Martin, Dennis Pridmore, Mary Skerritt, Eutal Spence.

Those who have died: Nanette Johnson-Reid, Canon Colin Westbrook, Steve Duffy

In the Year's Mind: Gordon Owen, John Holderness

May they rest in peace and rise in glory

NOTICES

Ash Wednesday and Lent Bible Study: see details on the front page.

Bishop Guli's Lent and Holy Week Pilgrimage 2026 This year, Bishop Guli will be walking the Barking Area Art Trail for her Lent and Holy Week Pilgrimage.

You are warmly invited to join the Pilgrimage. Sign up via the link

below or QR code. Bishop Guli is due to call on us at St Bart's on

Wednesday 25th February about 1.10pm as part of this

pilgrimage: why not call by and greet her and have some lunch at St

Bart's Cafe? <https://chelmsdio.typeform.com/to/VWgkbuAAf>



Confirmation preparation for secondary-school age children begins on **3rd March**. Please contact Fr Paul for more information or if you would like your child to be signed up. **Bishop Guli is due to visit us and confirm** our candidates on **26th April**. There's still time to sign up adults for baptism/confirmation as well, please do contact Fr Paul paul.gurnham@easthamparish.org.uk

Easter Experience at St Mary's on Tuesday 17th March (organized by Faith in Schools). Help us host children from our local primary schools as they learn about Easter. The children undertake various activities at St Mary's and in St Mary's Hall and we are recruiting volunteers again to make this happen. See back page.

Ministry & Mission Partnership (MMP) Lent Day at St Mary Magdalene's Saturday 21st March 11am-3pm. Members of our congregations gather with those from St George's East Ham, St Paul's East Ham and St Martin's Plaistow, in this special time for prayer, reflection and fellowship. We will share the fruits of Lent so far brought from our churches.

Youthscape Summer Camp 'Satellites' 6-10 August 2026 Bath & West Showground, Somerset. If you are interested whether attending, as an adult helper or just curious, please contact Fr Paul.

St Bart's Intercessory Prayer will follow the service Sunday 22nd February.

ECO CHURCH

Tomorrow we hold our first Family Nature Club, and we're so looking forward to it. The Nature Reserve is such an important asset to the parish, to East Ham and to the borough - we want everyone to experience the wildlife and history. There is still plenty going on even in winter. Our recent Big Garden Birdwatch survey recorded 14 species, from wood pigeons and crows to the tiny wren and dunnock. It was a perfect day for bird-watching. The highlights were a pair of woodpeckers and a pair of blackbirds - so we can expect some chicks later in the year.

MEETINGS

Tues 10 Mar – Standing Committee at St Bart's at 3pm

Sun 15 Mar – St Edmund's DCC at 11am

Wed 18 Mar – St Mary's DCC at 7.15pm in the Parish Room

Sun 22 Mar – St Bart's DCC at 11.15am

Tue 24 Mar – Deanery Synod at St Matthias at 7.15 for 7.45pm

Wed 25 Mar – PCC meeting at St Mary at 7.15pm in the Hall



CONTACTS:

Parish of the Holy Trinity, East Ham

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Registered Charity No: 1127847

Team Rector:

Revd. Paul Gurnham

Email: paul.gurnham@easthamparish.org.uk

Associate Clergy:

Rt Revd. Saulo Barros

Revd. John King

Revd. Katherine Ward - katherine.ward@easthamparish.org.uk

Honorary Associate Clergy:

Revd. Canon Ann Easter

Revd. Sandra Eldridge

You can also view this newsletter and recent newsletters on our website. Go to easthamparish.org.uk and click the button marked 'Newsletter'. All the website addresses in the online version are hyperlinked so you can simply click on them to view the linked websites.

Contributions to the newsletter are welcome. Please send to the Parish Office by noon Wednesday for inclusion.



Beckton & East Ham South Easter Experience



SHARE RESURRECTION JOY

With over 300 children coming to meet us...

Tuesday 17 March 2026

8:15 am - 3:30 pm

St Mary Magdalene Church, 1 Norman Rd, E6 6HN

Help needed to welcome pupils
(aged 8-9), support a workshop, or
provide lunch for volunteers

In-person training on 9 Feb 10-
11:30 am or 13 Feb by arrangement

Alice 07507039502
alice@faithinschools.co.uk



**Why not join us in St Bart's Café
for Pancakes
on Tuesday from 12:30pm ?
All are welcome**