



# Parish of the Holy Trinity, East Ham

St Mary Magdalene   St Bartholomew   St Edmund

**1 February   Year A   Presentation of Christ in the Temple (Candlemas)**

## IN OUR PRAYERS

**In our Deanery:** East Ham, St Paul: Merrin Playle

**In the Diocese:** Romford (St Alban): Roderick Hingley (V). Romford (St Augustine of Canterbury): Martin Howse (V)



**In the Anglican Communion:** Te Pihopatanga o Te Tairawhiti – The Anglican Church in Aotearoa, New Zealand and Polynesia

**In the world:** those affected by flooding, storms and natural disasters

**With USPG:** the people of northern Mozambique, especially in Cabo Delgado, where extremist violence continues to displace many. Also, keep in your prayers the work of Christian Aid and Mildmay.

**In the Parish:** Myrtle Road, Napier Road, Navarre Road

### Those who have asked our prayers:

**Particular need:** Ethel King, Laurine & Ancil Griffith, Andrew West

**Continuing need:** Lorraine Ashton, Zareen Choudary, Graham Davis, Doris Goodchild, Cassandra Gosai, Caroline Grisely, Emily Jones, Paul Gillard, Maggie Holder, Terry Hooker, Cassie Martin, Dennis Pridmore, Mary Skerritt, Eutal Spence,

**Those who have died:** Nanette Johnson-Reid, Canon Colin Westbrook

**In the Year's Mind:** Noel Foote, Lionel Steele, Elsie Walker

*May they rest in peace and rise in glory*

## Hymns & Psalm

**St Bart's:** 375, 658, 284, 28

**St Mary's:** 105, 486, 157, 605

### Response to the Psalm:



The Lord of hosts: he is the King of glory.

**Morning Prayer this week:** Wednesday 8.50am at St Bart's; Thursday 8.50am at St Edmund's.

**Eucharist this week:** Tuesday 12.15pm at St Edmund's, Wednesday 6.30pm at St Mary's, Thursday 12.15pm at St Bart's.

**Eucharist next Sunday (8th February) Second Sunday before Lent:** 8am & 10am at St Mary's; 10am at St Bart's; 10am at St Edmund's

**Ash Wednesday** is on **18th February**. All are encouraged to begin Lent together at one of our Ash Wednesday services: Eucharist with imposition of ashes at **St Bart's at 12.15pm** and **St Edmund's at 12:15pm**; Solemn Eucharist with imposition of ashes at **St Mary Magdalene's at 6.30pm**. If you have a palm cross from last year please bring it to church to be burnt and made into ash for Ash Wednesday.

**Youth Sleepover** for secondary school aged young people from our Newham churches, free of charge. We have plenty of fun, food and activities planned, as well as an opportunity to think about Lent and how we can bless others. *Tuesday 17th February until 2pm on Wednesday 18th February at St Luke's, Canning Town. Please contact Fr Paul if you are interested*

**Lent Bible Study: I Corinthians** at St Bart's, Thursdays in Lent starting 19th February, 11am-12noon. We take a deep dive into one of St Paul's most important letters in the Bible.

**Easter Experience at St Mary's on Tuesday 17th March** (organized by Faith in Schools). We are hosting children from our local primary schools again this year as they learn about Easter. Groups of children undertake various activities at St Mary's and in St Mary's Hall and we are recruiting volunteers again to make this happen. If you are interested please contact [rachel@faithinschools.co.uk](mailto:rachel@faithinschools.co.uk)

**Ministry & Mission Partnership (MMP) Lent Day** at St Mary Magdalene's Saturday 21st March 11am-3pm. Members of our congregations gather with those from St George's East Ham, St Paul's East Ham and St Martin's Plaistow, in this special time for prayer, reflection and fellowship. We will share the fruits of Lent so far brought from our churches.

**Confirmations by Bishop Guli in the parish on 26 April.** If you are interested in confirmation (for adults and young people approximately age 11 or over) or simply want to know more please contact Fr Paul or any of the clergy or pastoral assistants.

**Youthscape Summer Camp 'Satellites'** 6-10 August 2026 Bath & West Showground, Somerset. If you are interested whether attending, as an adult helper or just curious, please contact Fr Paul.

**St Bart's Intercessory Prayer** will follow the service Sunday 22<sup>nd</sup> February.

**A message from the Eco Church group** - Storm in a tea cup? We've been wondering about the tea bags we use in our meetings - can they be composted? Sadly, the answer is no. Eco-friendly tea bags are made from a plant-based plastic that won't decompose in your home composter. But all is not lost! When Newham Council starts collecting food waste for composting, the tea bags can be added, as industrial composters will do the trick. In the meantime, we will tear open our teabags to compost the tea leaves - or use loose tea. Cheers!

### **Meetings.**

**TODAY:** Sun 1 Feb – St Mary's DCC at 11.30am in the Parish Room

Tue 3 Feb – PCC meeting at St Bart's 7pm

Tue 24 Mar – Deanery Synod at St Matthias at 7.15 for 7.45pm

Tues 10 Mar – Standing Committee at St Bart's at 3pm

Sun 15 Mar – St Edmund's DCC at 11am

Sun 22 Mar – St Bart's DCC at 11.15am

**CONTACTS:****Parish of the Holy Trinity, East Ham**

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Rt Revd. Saulo Barros

Revd. John King

Revd. Katherine Ward - [katherine.ward@easthamparish.org.uk](mailto:katherine.ward@easthamparish.org.uk)

**Acting Team Rector/**

**Team Vicar:**

**Associate Clergy:**

**Honorary Associate**

**Clergy:**

Revd. Canon Ann Easter

Revd. Sandra Eldridge

You can also view this newsletter and recent newsletters on our website. Go to [easthamparish.org.uk](http://easthamparish.org.uk) and click the button marked 'Newsletter'. All the website addresses in the online version are hyperlinked so you can simply click on them to view the linked websites.

Contributions to the newsletter are welcome. Please send to the Parish Office by noon Wednesday for inclusion.

## **Lunchtime Concert**

### **Piano & Cello Recital @ St Bart's**

**Thursday 5<sup>th</sup> February 2026 at 1.30pm**

#### **Performers:**

Stefan Rogers - Cello  
Mihaly Gyorfi - Piano

#### **Programme:**

Brahms Cello Sonata No. 1 in E minor  
Beethoven 7 Variations on a theme from 'The Magic Flute'  
+ additional pieces announced from the stage



ST MARY MAGDALENE  
ECO CHURCH GROUP

# FAMILY NATURE CLUB

MONDAY 16<sup>TH</sup> FEBRUARY  
AT EAST HAM NATURE  
RESERVE

MORNING  
SESSION  
10AM-12PM

OR

AFTERNOON  
SESSION  
1:30PM-3:30PM

EXPLORE OUR NATURE RESERVE AND FIND  
OUT ABOUT HOW WILDLIFE COPIES IN  
WINTER.



EAST HAM NATURE RESERVE  
ST MARY MAGDALENE CHURCH HALL,  
NORMAN ROAD, E6 6HN



PLEASE NOTE CHILDREN MUST BE ACCCOMPANIED

BOOK YOUR PLACE BY CALLING  
020 8470 0011.